

What can we try?	We are doing this already	Wouldn't mind trying	Need more information please
Grow vegetables at home			
Grow herbs			
Grow fruit			
Don't have space or knowledge? <ul style="list-style-type: none"> • Join a community garden • Take lessons with community garden • Ask the neighbour(s) for growing hints 			
Share spare produce with neighbours, family and or friends			
Join with others for a community cook up of spare product: tomato sauce, chutneys, sauces and jams			
Bulk buy produce in season locally (e.g. Tomatoes) and blanch and freeze product for use throughout the offseason			
Join with others and organise and attend salami and sausage making classes (and keep the produce).			
Attend local farmers markets and buy direct from the producers.			
Buy meat directly from farmers e.g. pork, lamb, beef, chicken, eggs			
Buy grass fed meat products wherever possible (rather than feedlot produced meat products)			
Use a worm farm or compost food scraps at home			
Spread mulch on your garden			
Reduce the amount of meat consumed each week: try one meatless day a week			
When shopping, take your own containers, baskets or bags			
Join a community garden.			
Help set up a community garden.			
Join a Community Foodbank.			
Help set up a Community Foodbank.			

